

Effective with the 2010-2011 season, competitors will be required at weigh-ins to wear a suitable undergarment that completely covers the buttocks and the groin area. Boxers, briefs, compression shorts or swimsuits are acceptable. Singlets, cut off shorts, basketball shorts will not be allowed. In addition, for female competitors the suitable undergarment must also cover the breasts. One piece swimsuits, singlets or t-shirts will not be acceptable for female contestants.

The rule states “the Referee, or other authorized person of the **same gender** shall supervise the weigh-ins”. With the increase in female participants, the committee has clarified the fact that a like-gender officials or authorized persons shall weigh in contestants which includes not only the weight check but hair rule conformity and communicable disease checks. The following procedure is suggested: It is the responsibility of a school having a female squad member to notify opponents that a situation will arise whereby special accommodations shall be needed to verify the weight of a female participant(s) **in private**. The female shall be someone authorized to conduct a weigh in. The ultimate responsibility rests with the school for which the competitor is wrestling. If, however, the school with a female wrestler(s) is traveling and has assurance from the host school that an authorized person will be provided for the weigh-in, there would be no requirement to bring a female from the visiting school. If the host school cannot or does not wish to provide someone to monitor the weigh in, it is the responsibility of the female’s school to bring a person with team to handle that responsibility. (National Federation)