



# New York State Public High School Athletic Association

## TOURNAMENT WEIGH-IN SHEET

EXACT WEIGHT MUST BE RECORDED

COACHES: KEEP THESE SHEETS ON FILE FOR POST-SEASON WT. VERIFICATIONS

TEAM: \_\_\_\_\_

DATE: \_\_\_\_\_

TOURNAMENT: \_\_\_\_\_

All wrestlers listed below are eligible to wrestle in this tournament.  
They have been cleared of any injury or skin rash.

Wt. Allowance: \_\_\_\_\_

Weight	Wrestler	Gr	Actual Wt.
<b>96</b>			
<b>103</b>			
<b>112</b>			
<b>119</b>			
<b>125</b>			
<b>130</b>			
<b>135</b>			
<b>140</b>			
<b>145</b>			
<b>152</b>			
<b>160</b>			
<b>171</b>			
<b>189</b>			
<b>215</b>			
<b>285</b>			

Minimum weights are as follows: In Excess of: 88 for 96    93 for 103    180 for 215    210 for 285

SIGNATURE: **Tournament Director** \_\_\_\_\_