



# New York State Public High School Athletic Association

## TOURNAMENT WEIGH-IN SHEET

EXACT WEIGHT MUST BE RECORDED

COACHES: KEEP THESE SHEETS ON FILE FOR POST-SEASON WT. VERIFICATIONS

TEAM \_\_\_\_\_

DATE: \_\_\_\_\_

TOURNAMENT \_\_\_\_\_

All wrestlers listed below are eligible to wrestle in this tournament.  
They have been cleared of any injury or skin rash.

Wt. Allowance(s):  
Day 1: \_\_\_\_\_ Day 2: \_\_\_\_\_

Weight	Wrestler	Gr	Cert Wt.	Actual Wt. Day 1	S K I N	Actual Wt. Day 2	S K I N
<b>102</b>							
<b>110</b>							
<b>118</b>							
<b>126</b>							
<b>132</b>							
<b>138</b>							
<b>145</b>							
<b>152</b>							
<b>160</b>							
<b>172</b>							
<b>189</b>							
<b>215</b>							
<b>285</b>							

7th / 8th grade: Minimum weights are as follows: In Excess of: 94 for 102, 100 for 110, 180 for 215, 210 for 285.

SIGNATURE: **Tournament Director** \_\_\_\_\_