



New York State Public High School Athletic Association

TOURNAMENT WEIGH-IN SHEET

EXACT WEIGHT MUST BE RECORDED

COACHES: KEEP THESE SHEETS ON FILE FOR POST-SEASON WT. VERIFICATIONS

TEAM _____

DATE: _____

TOURNAMENT _____

All wrestlers listed below are eligible to wrestle in this tournament.
They have been cleared of any injury or skin rash.

Wt. Allowance(s):
Day 1: _____ Day 2: _____

Weight	Wrestler	Gr	Cert Wt.	Actual Wt. Day 1	S K I N	Actual Wt. Day 2	S K I N
102							
110							
118							
126							
132							
138							
145							
152							
160							
172							
189							
215							
285							

7th / 8th grade: Minimum weights are as follows: In Excess of: 94 for 102, 100 for 110, 180 for 215, 210 for 285.

SIGNATURE: **Tournament Director** _____