



# New York State Public High School Athletic Association

## TOURNAMENT WEIGH-IN SHEET

EXACT WEIGHT MUST BE RECORDED

COACHES: KEEP THESE SHEETS ON FILE FOR POST-SEASON WT. VERIFICATIONS

TEAM \_\_\_\_\_

DATE: \_\_\_\_\_

TOURNAMENT \_\_\_\_\_

All wrestlers listed below are eligible to wrestle in this tournament.  
They have been cleared of any injury or skin rash.

Wt. Allowance(s):  
Day 1: \_\_\_\_\_ Day 2: \_\_\_\_\_

Weight	Wrestler	Gr	Cert Wt.	Actual Wt. Day 1	S K I N	Actual Wt. Day 2	S K I N
<b>99</b>							
<b>106</b>							
<b>113</b>							
<b>120</b>							
<b>126</b>							
<b>132</b>							
<b>138</b>							
<b>145</b>							
<b>152</b>							
<b>160</b>							
<b>170</b>							
<b>182</b>							
<b>195</b>							
<b>220</b>							
<b>285</b>							

7th / 8th grade: Minimum weights are as follows: In Excess of: 91 for 99, 96 for 106, 185 for 220, 210 for 285

SIGNATURE: **Tournament Director** \_\_\_\_\_