

New York State Public High School Athletic Association



TOURNAMENT WEIGH-IN SHEET

EXACT WEIGHT MUST BE RECORDED

COACHES: KEEP THESE SHEETS ON FILE FOR POST-SEASON WT. VERIFICATIONS

TEAM: _____ DATE: _____

TOURNAMENT: _____

All wrestlers listed below are eligible to wrestle in this tournament.
They have been cleared of any injury or skin rash.

Wt. Allowance(s)
Day 1: _____ Day 2: _____

Weight	Wrestler	Gr	Cert Wt	Actual Wt. Day 1	Actual Wt. Day 2
99					
106					
113					
120					
126					
132					
138					
145					
152					
160					
170					
182					
195					
220					
285					

7th/8th grade: Minimum weights are as follows: In Excess of: 91 for 99, 96 for 106, 185 for 220, 210 for 285

SIGNATURE: **Tournament Director** _____