

NCWCA COACHES HANDBOOK 2018-2019

**SECTION VIII CENTRALIZED WEIGHT CERTIFICATION
TIMES**

SATURDAY NOVEMBER 17, 2018 @ CLARKE

Time	Section A	Section B	Section C
10:00 AM	OYSTER BAY	CLARKE	ROSLYN
10:25 AM	WESTBURY	BALDWIN	OCEANSIDE
10:50 AM	HICKSVILLE	MACARTHUR	GREAT NECK SOUTH
11:15 AM	EAST MEADOW	HEWLETT	HERRICKS
12:00 PM	WANTAGH		GREAT NECK NORTH
	WHEATLEY	BELLMORE JFK	LAWRENCE
12:25 PM	LYNBROOK	FREEPORT	FARMINGDALE
12:50 PM	PLAINEDGE	CALHOUN	BETHPAGE
1:15 PM	CARLE PLACE	ISLAND TREES	PLAINVIEW
2:40 PM	SEWANHAKA EAST	SEAFORD	NORTH SHORE
3:05 PM	ROOSEVELT	UNIONDALE	GARDEN CITY
3:30 PM	LEVITTOWN DIVISION	HEMPSTEAD	GLENCOVE
3:55 PM	VALLEY STREAM NORTH	MINEOLA	PORT WASHINGTON
4:40 PM	VALLEY STREAM CENTRAL	MEPHAM	LONG BEACH
5:05 PM	COLD SPRING HARBOR	SEWANHAKA WEST	VALLEY STREAM SOUTH
5:30 PM	MASSAPEQUA	SOUTH SIDE/E. ROCKAWAY	MANHASSET
	SYOSSET	JERICO	LOCUST VALLEY

WEIGHT CERTIFICATION MAKE UPS & APPEALS

11/18 SUNDAY AT JERICO HS	ONLY ATHLETES WHO CERTIFIED SATURDAY First Come Basis
11/19 MONDAY AT CLARKE HS	ONLY ATHLETES WHO CERTIFIED SATURDAY 5-5:45PM CONF II 5:45- 6:30 CONF I 6:30 – 7:15PM CONF IV 7:15 – 8:00PM CONF III
11/20 TUESDAY AT CLARKE HS	NEW CERTIFICATIONS, FAILURES & APPEALS 5-5:45PM CONF II 5:45- 6:30 CONF I 6:30 – 7:15PM CONF IV 7:15 – 8:00PM CONF III
11/21 WEDNESDAY AT CLARKE HS	NEW CERTIFICATIONS, FAILURES & APPEALS 5-5:45PM CONF II 5:45- 6:30 CONF I 6:30 – 7:15PM CONF IV 7:15 – 8:00PM CONF III

REMINDERS

- **ALL ATHLETES INCLUDING FALL PLAYOFF ATHLETES MUST CERTIFY WITHIN 14 DAYS.**
- If students are in playoffs or going on vacation, contact Adrian Lavaca for assessment prior to November 17.
- Cost of certification is **\$6.50 per athlete**. An additional \$6.50 is will be charged for appeals
- All female wrestler will certify on Friday, November 16, 2018 at Clarke.