

**SPORTS MEDICINE UPDATE:
INJURY RECOGNITION AND PREVENTION
In The School-Age Athlete**

Free

Thursday, August 21, 2008 - 7:00 P.M.— 9:30 P.M.
North Shore University Hospital - Rust Auditorium
300 Community Drive, Manhasset, NY 11030

Join Us

Target Audience: Athletic Directors and Trainers, Coaches,
C.Y.O. and P.A.L. Volunteers, Youth League Organizers, School Nurses

REGISTER ON-LINE: www.northshorelij.edu - News & Events, Community Events

6:30 - 7:00 P.M. **REGISTRATION / REFRESHMENTS**

7:00 - 7:05 P.M.

WELCOME

Steven Rokito, M.D., F.A.A.O.S.
Director of Sports Medicine
Department of Orthopaedic Surgery
Long Island Jewish Medical Center
Team Physician, Long Island Ducks



7:05 - 7:30 P.M.

HEAD & NECK INJURIES OF THE ATHLETE

Jeff Silber, M.D., F.A.A.O.S.
Department of Orthopaedic Surgery
Long Island Jewish Medical Center

Jared Brandoff, M.D.
Department of Orthopaedic Surgery
Long Island Jewish Medical Center



7:30 - 7:55 P.M.

SHOULDER INJURIES OF THE ATHLETE

Steven Rokito, M.D.

7:55 - 8:20 P.M.

ELBOW, WRIST & HAND INJURIES OF THE ATHLETE

Martin Dolan, M.D.
Pediatric Orthopaedic Surgery
Schneider Children's Hospital



8:20 - 8:45 P.M.

KNEE INJURIES OF THE ATHLETE

Steven Rokito, M.D.

8:45 - 9:10 P.M.

PRINCIPLES OF TRAINING & PROGRAM DESIGN FOR THE ADOLESCENT ATHLETE

Daniel M. Vaknin, M.A., P.T., M.D.T.
Director of Rehabilitation
Sports Therapy and Rehabilitation Services (S.T.A.R.S.)
North Shore-LIJ Health System

9:10 - 9:30 P.M.

QUESTION & ANSWER / PANEL DISCUSSION



Verification of attendance certificates suitable for documenting continuing education units will be provided.

This Program Is Offered In Cooperation With
North Shore-LIJ Health System's Department of Professional and Public Health Education

For Additional Information Call The Department of Professional and Public Health Education 516-465-2500