

## How They Fared

31st New York State Wrestling Championships  
At Onondaga County Convention Center, Syracuse

### Overall Results

#### SUFFOLK

Weight, Wrestler	Grade	School	Record	Place	Overall Record
91 — Tom Longobardi	Jr	Islip	3-0	1st	33-0
98 — Shawn Lewis	So	Longwood	2-2	DNP	23-3
105 — John Carvalheira	Sr.	Sachem	5-1	3rd	30-1
112 — Rason Phifer	So	Longwood	3-1	2nd	30-3
119 — Liston Brown	Jr.	Coplaque	4-0	1st	34-0
126 — Brett Chester	Sr.	Amityville	2-2	5th	31-6
132 — Dan Bergin	Sr.	Brentwood	1-2	DNP	31-5
138 — Russell Jones	Jr.	Wyandanch	4-1	3rd	35-1
145 — John Lange	Jr.	Longwood	4-0	1st	26-0
155 — K.C. Armstrong	Sr.	Port Jeff	2-2	DNP	32-3
167 — Rob Wylie	Jr.	Rocky Point	4-1	3rd	34-1
177 — Jason Bruno	Sr.	Glenn	1-2	DNP	26-3
Hvy — Mike Lampasso	Sr.	Bellport	3-3	6th	31-4
250 — Frank Ganter	So.	Newfield	1-2	DNP	15-5

#### NASSAU

91 — Mike Giuliani	Sr.	Massapequa	2-3	6th	32-5
98 — Doug Nick	Jr.	MacArthur	1-2	DNP	27-5
105 — James Hieronymous	Jr.	Freeport	1-2	DNP	31-2
112 — Brian Mulada	Jr.	C-S Harbor	3-2	5th	33-4
119 — Craig Walter	Sr.	Plainedge	2-3	6th	27-3
126 — Mike Mundo	Sr.	Cathoun	1-2	DNP	20-3
132 — Sergio Nicolosi	Jr.	East Meadow	2-2	DNP	31-4
138 — Miguel Pires	Sr.	Carey	1-2	DNP	29-3
145 — Phil Baroni	Jr.	Massapequa	1-2	DNP	28-5
155 — Aldy Teran	Sr.	Long Beach	4-0	1st	29-1
167 — Ariel Marine	Jr.	VS South	2-2	5th	26-2
177 — Dusty Amodio	Jr.	Farmingdale	3-2	5th	30-2
Hvy — Dan Hansen	Sr.	Baldwin	0-2	DNP	27-3
250 — Barry Weed	Jr.	Long Beach	0-2	DNP	15-2

#### CATHOLIC

98 — Steve Conlon	Sr.	Kellenberg	2-1	2nd	26-1
105 — Nick Amico	Sr.	Chaminade	0-2	DNP	24-3
126 — Craig Grella	Sr.	St. Anthony's	3-3	6th	23-5
132 — Jim Shotter	Sr.	St. Anthony's	0-2	DNP	20-5
138 — Brandon Bravo	Jr.	St. Anthony's	0-2	DNP	20-5
145 — Arturo Mazzeo	Jr.	Chaminade	2-2	DNP	24-4
167 — Tim Reagan	Jr.	Kellenberg	0-2	DNP	16-5
Hvy — Marco Sanchez	Sr.	Nazareth	4-1	3rd	41-1

# Teran Takes Title Despite the Pain

By Gregg Sarra

STAFF WRITER

The night before his 18th birthday, Aldy Teran of Long Beach sat and pondered his wrestling future. A strained lower back muscle put his ability to compete in the state tournament in question.

"He was so close to asking Jim Karl to take his place," said Long Beach coach Paul Gillespie, referring to the county runner-up from Valley Stream South.

Teran, Nassau's 155-pound county champion, decided to tolerate the pain and give the tournament his best shot.

His effort was good enough to earn him four consecutive wins and the 155-pound state title with a 5-4 decision over Todd Cutrie of Vernon-Verona-Sherrill Saturday night.

"It wasn't an easy decision," Teran said. "But I thought everyone was counting on me and as a senior I didn't want to pass up the opportunity."

Teran used a hip toss for an early 2-0 lead and a third-period takedown to hold off Cutrie.

"Reggie [Jones] held him together mentally and I can't say enough about Tony Marra," Gillespie said. "They were key factors in helping Aldy pull it off."

Marra, the East Meadow trainer, gave Teran extensive stretching exercises, high-volt galvanic stimulation, ice treatments and a lot of massages.

Teran responded with four six-minute matches in which he outsmarted and outlicked each of his opponents.

"He's only been wrestling for three

Final Results

Page 79

years," Gillespie said. "He's a strategist and he rarely makes a mistake. That's why he rose to the top so quickly."

Teran was Gillespie's sixth state champion at Long Beach.

The Nassau sectional squad finished seventh for the second consecutive year. The section had two fifth-place finishers and three sixths.

One of those was Dusty Amodio (177), who took fifth to give Farmingdale coach Irv Apgar a state place winner in each of the past four decades.

"We came with a young team and we hoped the kids could gain enough positive experiences to put to use next year," said sectional coach Gary Mims of Massapequa.

Experience was a key for Kellenberg's Steve Conlon, who won two matches at the state tournament as a junior and came back this year looking to improve on that performance.

Conlon fell short in his bid to become the Catholic League's second state champion in 13 years when he dropped a 12-1 decision to Hornell's John Gemmill in the 98-pound final.

"We ran into a very strong opponent," said Kellenberg coach Robert Murphy, who won a Catholic League title for Chaminade in 1986. "But it doesn't take anything away from the effort and hard work that Steve put into the season. He goes out a winner."