

2022-23 NSCHSAA League Tournament

When: **Sunday February 5, 2023**

Where: Chaminade High School

Start Time: **8:30am**. Mass will be held at **7:30 am immediately following the closing of the scales.**

Admission: \$5.00 adults, \$2 students

Seeding Meeting: **Wednesday February 1st @ St. Anthony's High School, 6:15 PM**

-Dinner will be served. **Head coaches and ONE assistant coach may attend.**

Format: Each school can enter up to three wrestlers per weight class **BUT NO MORE THAN 30 TOTAL**. All participants are scorers.

***Please be advised- you MUST bring NWCA/Trackwrestling sheets with you to this meeting or your wrestler WILL NOT be able to participate in this tournament. You MUST bring all "WEIGH IN" sheets also in case anyone needs proof of the 50% weigh in rule.**

Nassau Suffolk League Tournament Seeding Criteria

1. Head to Head Over a Wrestler with Criteria
2. New York State Champion
3. New York State Place Winner
4. CHSAA Sectional Champion
5. Current Season Quality Wrestler- a wrestler who has at least 20 wins and a better winning percentage anyone who falls into criteria 6-9
6. CHSAA Sectional Place Winner
7. NSCHSAA Champion
8. NSCHSAA Place Winner
9. Quality Wrestler who has a winning record

Weigh-ins: **Sunday February 5th from 6:30 am-7:30 am.**

No one will be permitted to weigh in after 7:30am.

Any wrestler who requires a Skin Form must present a VALID NYSPHSAASTAMPED SKIN FORM BEFORE THEY GET ON THE SCALE.

Weight = January weight or 2 lbs. over base weight (102 = 104, 152 = 154) Officials will be checking skin, skin forms, hair, nails, etc. at weigh-ins.

Scratch Meeting: February 5th at 7:30 am. **Head coaches only.**

Awards: 1-6th place medals. Top 5 wrestlers advance to the CHSAA State Tournament @ Saint Anthony's High School on February 12th.

2023 Dual Meet Varsity Champions

2023 NSCHSAA Tournament Team Champions

Most Outstanding Wrestler (Coaches' vote)

The "*Mr. Joe Cloonan*" Champion of Champions (voted by NSCHSAA Champions)

Coach of the Year (Coaches' vote)

Varsity and Junior Varsity Sportsmanship Award (Officials vote after finals)

Fastest Pin

Most Pins/Least Time (Winner's Bracket Only)

Questions: Mr. Joe Minucci - NSCHSAA Chairman

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Mr. Chris Alfalla – NSCHSAA League Tournament Director E-mail: mralfalla@kellenberg.org