

Date/Location:

- Saturday, March 29th, 2025
- Hauppauge High School, 500 Lincoln Ave, Hauppauge

Registration:

- Online registration only for EVERY wrestler @ https://form.jotform.com/220468335255153 or longislandwrestling.org calendar
- Registration fee of \$35 (no refunds) and registration will be limited to the first 300 wrestlers
- Registrations must be received by Thursday, 3/27/25 at 7:00 PM
- No Walk-ins will be accepted

Sessions/Format:

- Session 1 8:30 am (8:00 check-in) 5 & 6 yrs, 7 & 8 yrs, 9 & 10 yrs, 11 & 12 yrs
- Session 2 11:30 am (11:00 check-in) 7th & 8th grade
- NO 9th Graders, NO 15 year olds, NO VARSITY EXPERIENCE
- Round Robin style bracket format will be utilized & every attempt will be made to get wrestlers
 3 matches
- Matches will be 1-1-1
- Awards will be given to 1st 4th place finishers in each weight class
- Wrestlers will be paired based on weight and skill level (**provided by parents/coaches)

Weigh-ins:

- Coaches must email their rosters with their athletes weights, age, DOB and skill level
 (1-5: 1 = beginner and 5 = expert level) to messinac@hauppauge.k12.ny.us
- All wrestlers not submitted by a team coach must be present at the open weigh-in on Tuesday. 3/25/25 from 6:30-8:00 at Hauppauge High School (just outside the wrestling room)
- A challenge scale will be on site at the tournament. Event administrator reserves the right to challenge the weight of any entry. Any athlete found to have a misrepresented weight class will be asked to leave without refund.

Rules:

- NYS High School Scholastic rules
- Headgear/singlet recommended

Concession/Apparel:

- No food will be allowed in the gymnasium
- Complete concession with hot food will be onsite as well as tables/chairs
- Customizable T-shirts will be sold
 - **This event is not affiliated with the Hauppauge School District**