



# NY-USA Wrestling

## Nassau County Youth Championships

- Top 6 wrestlers in each weight will earn ALL COUNTY HONORS and given awards
- **\*\*New This Year\*\* All Nassau County Champions** will be invited to wrestle against the Suffolk County Champions on site for the Long Island Championship title.

**Event Date:** Sunday Feb. 4th

**Tournament Location:** Bay Shore HS, 155 E 3rd Ave, Bay Shore NY 11706

- **MUST BE A CURRENT NASSAU COUNTY RESIDENT (proof required, see below)**
- **Wrestlers must have a current USA wrestling card**

### Online Registration ONLY (instructions below)

**Entry fee** - \$55 plus \$2.00 online processing fee (\$57 total). NO REFUNDS.

**Registration Deadline:** Thursday Feb. 1st @ 9:00pm

**\*\*Wrestlers may only compete in one age division/weight/gender.\*\***

### Schedule

**\*\*Saturday, Feb 3rd: Early weigh in : 7 - 8:30 pm at Bay Shore HS Gym \$10 fee**

**Sunday, Feb 4: 8U & 10U weigh in: 6:30 - 7:00 am** Wrestling begins approx 8am.

**12U & 14U weigh in: 9:30-10:00am** Wrestling begins approx. 11am

(Must wear singlet or shorts at weigh-in)

- Headgear, Singlets or gym shorts, wrestling shoes or sneakers required

**Boys:**

Age Group	Weight Classes	Match Length
8U Born '16 - '17	40 lbs, 43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs	Champ & Consolations: 3 one-minute periods
10U Born '14 - '15	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs	Champ & Consolations: 3 one-minute periods
12U Born '12 - '13	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs	Champ: 1- 1½ - 1½ min Consolations: 3 one-minute periods
14U Born '10 - '11	71 lbs, 77 lbs, 83 lbs, 87 lbs, 92 lbs, 97 lbs, 102 lbs, 106 lbs, 110 lbs, 114 lbs, 119 lbs, 125 lbs, 130 lbs, 136 lbs, 149 lbs, 165 lbs, 187 lbs, 250 lbs	Champ: 1- 1½ - 1½ min Consolations: 3 one-minute periods

Questions or concerns, please contact Ted DiPasquale, NY-USA Wrestling Kids Director

Phone: (516) 449-0961

Email: [theo.dipasquale@gmail.com](mailto:theo.dipasquale@gmail.com)



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### Girls:

Age Group	Weight Classes	Match Length
8U Born '16 - '17	40 lbs, 43 lbs, 46 lbs, 50 lbs, 55 lbs, 62 lbs, 68 lbs, 74 lbs, 85 lbs	Champ & Consolations: 3 one-minute periods
10U Born '14 - '15	45 lbs, 49 lbs, 53 lbs, 57 lbs, 62 lbs, 67 lbs, 73 lbs, 80 lbs, 90 lbs, 100 lbs, 113 lbs,	Champ & Consolations: 3 one-minute periods
12U Born '12 - '13	55 lbs, 59 lbs, 64 lbs, 69 lbs, 75 lbs, 81 lbs, 87 lbs, 94 lbs, 102 lbs, 112 lbs, 126 lbs, 140 lbs,	Champ: 1- 1½ - 1½ min Consolations: 3 one-minute periods
14U Born '10 - '11	71 lbs, 76 lbs, 81 lbs, 84 lbs, 87 lbs, 90 lbs, 93 lbs, 97 lbs, 102 lbs, 108 lbs, 115 lbs, 121 lbs, 127 lbs, 143 lbs, 163 lbs, 183 lbs	Champ: 1- 1½ - 1½ min Consolations: 3 one-minute periods

### Additional Information

- **Event admission:** \$10 adults, \$5 Kids \$25 max per family, Children under 10 free.
- Concession stand will be open both days.
- **Weigh-Ins** - A check scale will be provided in the weigh-in area.
- **Nassau County residents only**- Wrestlers must have some proof of residence to show at weigh-in. (School report card, School I.D. Card, library card, etc.).
- **Seeding**
  - Wrestlers from the same club or school will be separated as much as possible. Please make sure the correct club or school name is used when registering.
- No team scoring.
- Apparel will be for sale
- **Coaches Pass**
  - Coaches must be a current USA Wrestling leader to coach mat side. Coaches passes will be available for \$25. Copper level and above receive free coaches pass and event admission.
  - No one will be allowed to coach mat side without a pass. NO EXCEPTIONS!

**Note 1:** Overtime will follow current High School Rules. The first Overtime period will be 1 minute sudden victory. If necessary (2) :30 second periods. If necessary (1) :30 second ultimate ride out, choice determined by 1<sup>st</sup> point scored or disk flip if no score.

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**Note 2:** Age group is determined by Year of Birth (for example - if you were born in '11 or '12 , you are considered in the 12U age category.

Each wrestler may have a maximum of two USA Wrestling Certified Coaches holding a current USA Wrestling Coaching Card at mat side. No parents will be allowed mat side unless they meet the above coaching criteria. Coaches must remain in corner at all times and High School rules governing interaction between coaches and officials will be strictly enforced. No exceptions. Anyone not abiding by these rules will be ejected from the event.

**Long Island Championship: All champions will be invited to wrestle the Suffolk county champion on site at the conclusion of their age group.**

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Online Registration

Wrestler Registration:

[https://www.usawmembership.com/usaw\\_events/2400159002?section=registration](https://www.usawmembership.com/usaw_events/2400159002?section=registration)

The Tournament will be run on FloArena.