

T.O.B. Hammerhead Wrestling Club & Spartan Combat Present:

Inaugural Spartan Beach Championships

When: Sunday, September 10th, 2023
8am-4pm
Raincheck: Sunday, September 24th, 2023

Where: Overlook Beach Club
Ocean Parkway
Babylon, NY 11702

Age/Weight Divisions:
Middle School - Madison Weight

High School Co-Ed Boys & Girls - 111lbs, 133lbs, 155lbs, 177lbs, 199lbs, 199lbs+
(UWW Beach Wrestling Weights rounded up to the nearest pound)

Adult Male ("Pro" & "Joe") - 133lbs, 155lbs, 177lbs, 199lbs, 221lbs, 221lbs+
(UWW Beach Wrestling Weights rounded up to the nearest pound)

Adult Female ("Pro" and "Joe") - 111lbs, 122lbs, 133lbs, 155lbs, 176lbs,
(UWW Beach Wrestling Weights rounded up to the nearest pound)

- *Adult "Pro" Divisions:* Adults who wrestled at high levels in high school, or College, Adults who compete in high levels of grappling or MMA
- *Adult "Joe" Divisions:* Adults who have only started grappling/wrestling recently with no prior experience, but still want to try competing!

Fee: \$30/participant
Participant **MUST** have a USA Wrestling card (\$50)
(<https://www.usawmembership.com/login>)

Awards: Finalists will receive Spartan Combat Gear! MOW awards for each division

Schedule: Middle School Weigh Ins 8-8:30am Matches 9am
High School Weigh in 10-10:30, matches start at 11am
Adult Weigh Ins at 1-1:30, matches start at 2pm

Contact: Ricky Stamm - wrestandteachstamm@gmail.com

Online Registration: <https://form.jotform.com/232213370751043>

