



2023 MAHOPAC YOUTH WRESTLING TOURNAMENT

SUNDAY, JANUARY 29TH WEIGHT INFO AND START TIME BELOW
MAHOPAC HIGH SCHOOL
421 BALDWIN PLACE ROAD | MAHOPAC, NY 10541

Divisions:

NAME:	YEAR BORN:	WEIGH INS:	START TIME:	MATCHES:
Mighty Might 40, 43, 46, 49, 53, 57, 62, 70, 80	2016-2018	6:45-7:30 AM	8:30 AM	Mighty/Bantam/Intermediate
Bantam 45, 49, 53, 57, 62, 67, 72, 77, 84, 93, 120	2014-2015	6:45-7:30 AM	8:30 AM	1-1-1 (1 min sudden victory OT)
Intermediate 53, 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160	2012-2013	6:45-7:30 AM	8:30 AM	
Novice 58, 63, 67, 72, 77, 82, 87, 92, 98, 108, 117, 125, 135, 145, 160	2010-2011	11:15-12:00 PM	12:30 PM	Schoolboy/Novice 1-1.5-1.5
Schoolboy 77, 83, 87, 92, 97, 102, 108, 114, 120, 128, 136, 148, 160, 185, 250	2008-2009	11:15-12:00 PM	12:30 PM	(1 min sudden victory OT)

Any wrestler on high school team may not compete

Folkstyle Tournament Separated by Group, Birth Year and Weight
Beginners brackets for Bantam & Intermediate, 2 years or less experience & no open tournament placements, grouped by madison system. All other brackets based on division/weight class.
7 wrestlers or more bracketed / round robin for 6 or fewer wrestlers in division.

Awards:

Individual medals for 1st – 3rd places in all weight classes and divisions.

Food & Vendor

Food, drinks and vendors (TCBY, Defense Soap & Tournament shirt) will be available all day for purchase.

REGISTER ONLINE AT <https://events.flowrestling.org/event/429d89dc-b02d-45ab-bfde-284b57b4fb4c> BY MIDNIGHT ON FRIDAY JAN 27TH (LIMIT 450 ENTRIES NO WALK INS)
FEES: WRESTLER: \$35 ENTRY FEE, SPECTATORS: \$5/ADULT, \$2/CHILD, \$15 FAMILY MAX
ONSITE WEIGH INS AND SKIN CHECKS

For more information contact Melissa Zeiler (Youth Coordinator) at melissa@mahopacwrestling.com

Additional Refs will be Provided to Ensure the Smoothest and Quickest Possible Tournament

If snow prohibits travel and wrestling, the snow date will be provided shortly after cancelation

Team rosters - to be submitted by January 27th by 8am designating 10 wrestlers per team. Points will be awarded to individual place finishers (1st – 10 pts., 2nd – 7 pts., 3rd – 4 pts.)

USA Wrest. Sanctioned - USA Card Req. Available online at usawmembership.com

Headgear required. - Mouth guard for upper and lower with braces required

