

13th Annual Lindenhurst Youth Wrestling Tournament

Presented by The Lindenhurst Wrestling Club and USA Wrestling

Sunday, January 5, 2020

- REGISTRATION** The tournament will be limited to the first 400 wrestlers to register
\$32 fee includes online processing, no refunds and no walk-ins
Online registration **deadline** is **Thursday January 2nd midnight**
- REGISTER AT** www.lindytakenclub.com with Current USA Card
- WAIVER** Medical participation waiver is completed as part of the online registration
- LOCATION** Lindenhurst High School Gym, 300 Charles Street Lindenhurst NY 11757
Sunrise Hwy to town hall in Lindenhurst, turn south onto No Indiana Ave,
at the 4th stop sign make a left into the Lindenhurst high school parking lot
- WEIGH-INS** Coaches & Parents are responsible for submitting an accurate weight
Random weight checks at check-in, Any wrestler exceeding a two pound
allowance within their bracket will be disqualified without a refund
Madison exact weight system will be used to determine weight classes
- RULES** NYS High School Scholastic Rules, Three one minute periods,
Modified overtime, 30 seconds and 30 second ride out.
Headgear, wrestling shoes and singlet are recommended.
- OFFICIALS** Certified and experienced
- COACHES** Must have valid USA Wrestling Card to be allowed mat side
- DIVISION** 4 man round robin brackets, experience separation, two match guarantee
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|-------------------------|-------------|------------------|----------------------|
| 8U Bantam | DOB '12-'13 | Check in 830 AM | Start 9 AM |
| 10U Intermediate | DOB '10-'11 | Check in 930 AM | Start 10 AM |
| 12U Novice | DOB '08-'09 | Check in 1130 AM | Start 12 Noon |
| 14U Schoolboy* | DOB '06-'07 | Check in 130 PM | Start 2 PM |
- *No JV or Varsity high school experience
- AWARDS** Medals for all wrestlers
- CLINIC** We will run a free clinic 8-845 AM for all registered wrestlers
- ADMISSION** \$5 Adults/\$1 Children, parental supervision is required at all times
- CONSESSION** Food will be available throughout the day, No food/drinks in the gym
- CONTACT** Jamie Wrieth, Lindenhurstwc@optimum.net, 631 875 9899