

# NY – USA Wrestling Junior/Cadet/Senior State Championships

*SPONSORED BY:*



**Broome Community College**  
**May 8 - 10, 2009**



## CADET / JUNIOR - GENERAL INFORMATION

### 1. EVENT DIRECTORS

Junior Director:	Rick Gumble, 38 Patch Road, Binghamton, NY 13901	(607) 648-7536
Cadet Director:	Bob Neamon, 2437 Broadway Road, Darren, NY 14040	(585) 547-9221
Senior Director:	Jeff Blatnick, 156 Westside Drive, Ballston Lake, NY 12019	(518) 542-2727
State Chairman:	Ed Gould, 2056 Washington Street, Merrick, NY 11566	(516) 379-9832

2. **ELIGIBILITY:** All contestants **MUST** present current USA Wrestling membership Card at registration. Membership cards are acquired on-line at [themat.com](http://themat.com). For further information, contact the State Membership Director. Secondary sports accident insurance is provided as a benefit of membership.

#### Cadets

Only wrestlers born in 1993 or 1994 are eligible.

Weights (pounds): 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, & 285 (215 minimum)

#### Juniors

Only wrestlers born on September 1, 1989 or later and who were enrolled in grades 9-12 during the spring 2009 semester are eligible. **No wrestler who was enrolled in grade 8 during the spring 2009 semester will be allowed to enter;** if any such wrestler should enter or compete, he will be penalized by forfeiting his eligibility in the next year's event in both styles.

Weights (pounds): 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, & 285 (215 minimum)

#### Seniors

Born 1989 or before 1990-1991 with medical certificate.

Weights (pounds) 121.25, 132.25, 145.5, 163, 185, 211.5, 264.5 (May combine weights – Madison System)

3. **ENTRY:** The attached OFFICIAL ENTRY BLANK (both sides) must be accurately completed. The \$25 entry fee (per style), or \$40.00 for both, along with the completed OFFICIAL ENTRY BLANK must be filed at registration. Please make checks payable to "**New York - USA Wrestling.**"
4. **INDIVIDUAL AWARDS:** Cadet/Junior top 6 place winners, Senior top 3 in each weight class will receive specially designed awards.
5. **RULES:** The rules of the F.I.L.A., with current USA Wrestling modifications where applicable, will govern the event and the competition.
6. **UNIFORMS:** Red and blue singlets, or reversible red/blue singlet with briefs, handkerchief, solid white socks, and wrestling shoes are required. The use of headgear is permitted and encouraged.
7. **PAIRINGS:** Draw numbers by contestants at weigh-in with separation by section (and club where possible). The pool system will be used for all weight classes with 6 or more entrants.
8. **INJURIES:** In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.
9. **COACHING:** Floor pass will be required to be on the floor and coach. Cost of floor pass is \$3.00. **ONLY** coaches with a USA Wrestling Coach's membership card and a minimum of USAW Copper certification may purchase a floor pass for the weekend. **MUST** show current Coach's Membership card. Cards may be acquired on-line at [themat.com](http://themat.com).
10. **SKIN CHECKS:** Rashes of any kind may disqualify a wrestler without a currently dated note (within 5 days) from a physician describing the location and type of any rash, treatment and stating that it is not contagious through contact. The Chief Medical Officer has full authority, without appeal, in determining the eligibility of an athlete to compete.
11. **CADET & JUNIOR SCHOLARSHIP AWARDS:** The Mary Ann Lange Award for outstanding Freestyle Wrestler and the Jules D'Agostino Award for outstanding Greco-Roman Wrestler. (Approximately \$300 Scholarship for trip to the Nationals).
12. **CADET/JUNIOR NATIONAL TEAMS:** Top 3 place winners in both styles at each weight class automatically qualify. Other spots on the team may be open. A **mandatory \$400 deposit must be made following the Freestyle or Greco-Roman competition** to secure a place on the team.
13. **WEIGH-INS:** An athlete competing in both styles of the Cadet or Junior Divisions will weigh in only once for both events. This is contingent on the athlete actively competing in the first wrestling style selected. **(This rule may be modified. Contestants should check with their Sectional representatives prior to registering for this event.)**

**NEW YORK - USA WRESTLING STATE CHAMPIONSHIPS**  
**Cadet & Junior - Freestyle & Greco    Senior - Freestyle**

***Friday, May 8, 2009***

1:00 pm – 2:00 pm	Junior FS Registration / Weigh-in *
	Cadet GR Registration / Weigh-in *
2:00 pm – 3:00 pm	Pairing Clinic
2:00 pm – 5:00 pm	Junior FS Tournament Set-up
	Cadet GR Tournament Set-up
2:30 pm – 3:30 pm	Mat Officials Clinic
4:00 pm – 5:00 pm	Coaches Meeting
5:00 pm – 6:00 pm	FS Rules Clinic for Athletes & Coaches
	GR Rules Clinic for Athletes & Coaches
<b>6:00 pm – 10:00 pm</b>	<b>Junior FS Preliminaries</b>
	<b>Cadet GR Preliminaries</b>
6:00 pm – 8:00 pm	Senior Registration and Weigh In

***Saturday, May 9, 2009***

<b>9:00 am – 12:00 pm</b>	<b>Junior FS Prelims thru Pool Finals</b>
	<b>Cadet GR Prelims thru Pool Finals</b>
<b>9:00 am to Conclusion</b>	<b>Senior Preliminaries thru Finals</b>
12:00 pm – 1:00 pm	Junior GR Registration/Weigh-in if not wrestling FS *
	Cadet FS Registration/Weigh-in if not wrestling GR *
<b>1:00 pm to Conclusion</b>	<b>Junior FS Medal Rounds</b>
	<b>Cadet GR Medal Rounds</b>
12:00 pm – 3:30 pm	Junior GR Tournament Set-up
	Cadet FS Tournament Set-up
3:30 pm – 4:00 pm	Rules Clinic for Athletes & Coaches
<b>5:00 pm – 9:00 pm</b>	<b>Cadet FS Preliminaries</b>
	<b>Junior GR Preliminaries</b>

***Sunday, May 10, 2009***

<b>8:00 am to Conclusion</b>	<b>Junior GR Preliminaries to Finals</b>
	<b>Cadet FS Preliminaries to Finals</b>

*The tournament committee reserves the right to make changes in the above schedule prior to the end of each session by announcement and by posting the change at the wall chart.*

**ON-LINE REGISTRATION**

This tournament will be run utilizing the TrackWrestling Vertical Pairing Computer Program. Wrestlers can pre-register on-line at: <http://www.trackwrestling.com/registration> Go to the site and do “quick search” – fill in the state name (New York) and hit the “go” button. It will bring you to the four tournaments for this event (Cadets FS & GR and Junior FS & GR). Register for each tournament you wish to enter. On the day of the tournament, bring your completed form to the registration table marked “Pre-Registered”, pay your fees and get your weigh-in cards.

**IMPORTANT NOTE**

**\* Once a wrestler enters the weigh-in area, he will be given one chance to step on the scales and make weight. If he doesn't make the desired weight, he will be allowed to go to the “challenge” scales to attempt to make the weight. If he makes weight on the challenge scales, he will be entered in his desired weight class. If he fails to make the desired weight on the challenge scales he will be entered at the next higher weight class.**

**Once a wrestler enters the weigh-in area, he will not be allowed to leave.**



**New York - USA Wrestling  
State Championships  
May 8 – 10, 2009**

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**ASSUMPTION OF RISK, WAIVER & RELEASE OF LIABILITY**

IN CONSIDERATION FOR the opportunity to participate in the EVENT described below, PARTICIPANT acknowledges, agrees and affirms the following:

1. The following words used in this document will have the meaning indicated:
  - A. "EVENT" shall mean the ***New York - USA Wrestling State Championships***
  - B. "USAW" shall mean The United States of America Wrestling Association, Inc., d/b/a USA Wrestling, Inc., and its directors, officers, members, employees, officials, committees, clubs, affiliates, agents and their successors and assigns.
  - C. "EVENT ORGANIZER" shall mean a club, local organizing committee or any other person or entity responsible for hosting, conducting and/or sponsoring the EVENT, including any director, officer, member, employee, official, committee or agent thereof and their successors and assigns.
  - D. "PARTICIPANTS" shall mean the undersigned individual who competes or is involved in the EVENT and his/her parents, legal guardians, their personal representatives and their successors and assigns.
  - E. "PERSONAL INJURY" shall mean and include any bodily injury; permanent, temporary, total or partial disability; paralysis; dismemberment; or death.
  - F. "PROPERTY DAMAGE" shall mean and include damage or destruction to PARTICIPANT'S gear, equipment and all other personal property or belongings.
  - G. "MEDICAL TREATMENT" shall mean and include all emergency medical treatment, medical procedures, hospitalization or other care rendered to PARTICIPANT in connection with or resulting from his/her participation in the EVENT.
  - H. "LOSS" shall mean and include any and all liabilities, losses, damages and claims (including reasonable costs and attorneys' fees), which are suffered or result directly or indirectly from PERSONAL INJURY, PROPERTY DAMAGE and/or MEDICAL TREATMENT to PARTICIPANT, or others, and which are incurred during or in the course of PARTICIPANT'S preparation for, participation and involvement in, and travel to or from the EVENT or the conduct and management of the EVENT.
2. By issuing a sanction for the EVENT, USAW is not responsible or liable for the management or conduct of the EVENT, unless USAW has otherwise expressly agreed in writing to serve in such role.
3. PARTICIPANT understands and appreciates the risks of serious injury that may occur in the sport of wrestling or in the course of preparing for, participating in and traveling to or from the EVENT, and that such activities may involve risks, including PERSONAL INJURY.
4. PARTICIPANT knowingly and voluntarily assumes all risks of LOSS and all legal and financial responsibility therefore.
5. PARTICIPANT releases, waives any claims and promises not to sue the EVENT ORGANIZER and/or USAW with respect to any LOSS incurred during or in connection with his/her participation in the EVENT, any activities associated with the EVENT and the conduct and management of the EVENT (including as may result from the negligence of the EVENT ORGANIZER), except any LOSS which is the result of gross negligence and/or willful or wanton misconduct by the EVENT ORGANIZER. PARTICIPANT further agrees to hold harmless and indemnify the EVENT ORGANIZER and/or USAW from any claims brought against the EVENT ORGANIZER and/or USAW resting from, arising out of or in any way associated with any LOSS.
6. Prior to participating in the EVENT, PARTICIPANT shall have the right to inspect the facilities and equipment to be used and, if PARTICIPANT discovers any condition which he/she ***reasonably*** believes to be unsafe, PARTICIPANT will immediately advise PARTICIPANT'S coach, supervisor or EVENT officials of such condition and will not participate in the EVENT so long as such condition exists.

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**BY SIGNING THIS DOCUMENT, PARTICIPANT ACKNOWLEDGES HAVING READ AND UNDERSTOOD ITS MEANING AND CONTENTS.**

\_\_\_\_\_  
Print name of PARTICIPANT

\_\_\_\_\_  
Signature of PARTICIPANT

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent or Guardian  
(If PARTICIPANT is under 18 years old)

\_\_\_\_\_  
Date

**\*\*\* USA WRESTLING RULES \*\*\***

**WEIGHT CUTTING:** The use of hot rooms, hot showers, hot boxes, saunas, steam rooms, heating devices, diuretics and laxatives for rapid weight reduction purposes is prohibited for all USA Wrestling events. The use of vapor-impermeable clothing (i.e., plastic sweats) for the specific purpose of rapid weight reduction is prohibited. Any method that raises the athlete's body temperature for the specific purpose of rapid weight reduction is prohibited.

Violation of these rules at USAW sanctioned events shall cause the individual(s) in question to be suspended from the competition. The Tournament Committee for the specific event will address each case. The decision of the tournament committee shall be final.

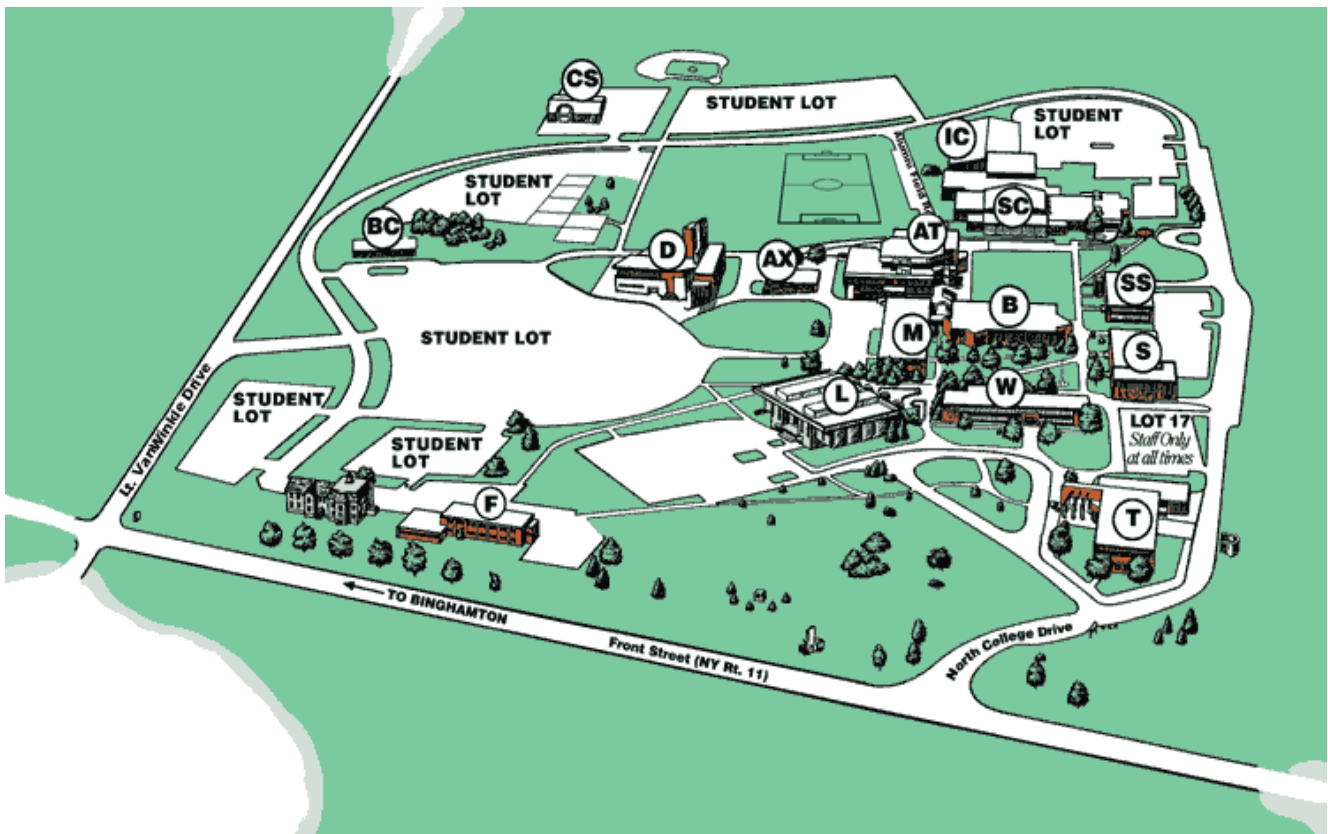
A second violation will result in the suspension of the individual(s) from any USAW sanctioned event/activities for one calendar year from the time of suspension.

Any individual assisting an athlete in prohibited weight reduction practices shall be held to the same rules and penalties as athletes, which are listed above.

*\* Complete rule is printed in the current USAW Rulebook and posted at weigh-in.*



**BROOME COMMUNITY COLLEGE**



**IC in map above is the Ice Arena**



# HOTEL ACCOMMODATIONS

For more information on the Greater Binghamton area call (800) 836-6740 or [VisitBinghamton.org](http://VisitBinghamton.org).  
Come experience why we are *Better Than Ever!*



When calling hotels ask for the special rate for:  NY-USA Wrestling Junior/Cadet State Tournament May 8 – 10, 2009 BCC Ice Arena	Restaurant On-Site / Walking Distance	Free Continental / Full Breakfast	Miles To BCC	EVENT ROOM RATE  Single/Double  Triple/Quad
<b>Best Western Johnson City</b> 729-9194 569 Harry L. Drive, Johnson City <a href="http://www.bestwestern.com/ofjohnsoncity">www.bestwestern.com/ofjohnsoncity</a>	◆	C	6	\$74.00 / \$74.00 / \$82.00 / \$89.00
<b>Binghamton Regency</b> 722-7575 225 Water Street, One Sarbro Square, Binghamton <a href="http://www.bingregency.com">www.bingregency.com</a>	◆	C	3	\$78.00 / \$78.00 / \$88.00 / \$98.00
<b>Comfort Inn</b> 724-3297 1000 Upper Front Street, Binghamton <a href="http://www.choicehotels.com/hotel/ny302">www.choicehotels.com/hotel/ny302</a>	◆	C	½	\$89.00 (flat rate)
<b>Econo Lodge Inn &amp; Suites</b> 724-1341 690 Front Street, Binghamton <a href="http://www.choicehotels.com">www.choicehotels.com</a>	◆	C	¾	\$69.99 / \$79.99 / \$79.99 / \$79.99
<b>Fairfield Inn</b> 651-1000 864 Front Street, Binghamton <a href="http://www.marriott.com">www.marriott.com</a>	◆	C	½	Single or Double / \$125.00 (if interested please call for Contracts to hold rate)
<b>Holiday Inn Arena</b> 722-1212 2-8 Hawley Street, Binghamton <a href="http://www.holidayinnbinghamton.com">www.holidayinnbinghamton.com</a>	◆		3	\$99.00 (flat rate) Cots \$16.00
<b>Holiday Inn Express Hotel &amp; Suites</b> 348-0088 3615 Vestal Parkway East, Vestal <a href="http://www.hiexpress.com/binghamton">www.hiexpress.com/binghamton</a>	◆	C/F	8	\$109.00 / \$119.00 / \$129.00 / \$139.00
<b>Knights Inn (formerly Kings Inn)</b> 754-8020 2603 East Main Street, Endwell <a href="http://www.kingsinnendicott.com">www.kingsinnendicott.com</a>	◆	C	9	\$50.00 / \$55.00 / \$60.00 / \$65.00
<b>La Quinta Inn</b> 770-9333 569 Harry L. Drive, Johnson City <a href="http://6003.lq.com">http://6003.lq.com</a>	◆	C	6	\$84.00 / \$84.00 / \$91.00 / 99.00
<b>Quality Inn &amp; Suites</b> 729-6371 4105 Vestal Parkway East, Vestal	◆		7	\$89.95 (flat rate)
<b>Red Roof Inn</b> 729-8940 590 Fairview Street, Johnson City <a href="http://www.redroof.com">www.redroof.com</a>	◆		6	\$65.99 / \$75.99 / \$75.99 / \$75.99
<b>Super 8 Front Street</b> 773-8111 650 Old Front Street, Binghamton <a href="http://www.super8.com">www.super8.com</a>	◆	C	¾	\$150.00 (flat rate)

*NOTE: All prices subject to 13 % tax*

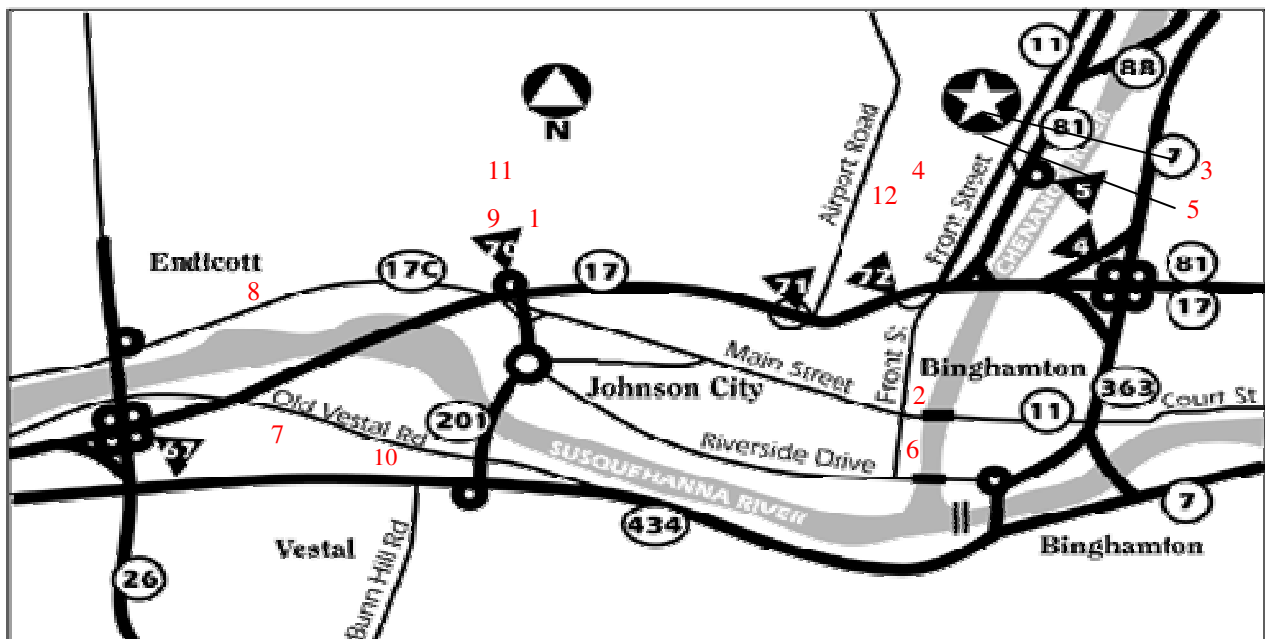
*All phone numbers are area code 607*

***Book rooms early as a limited number of rooms may be available at these rates.***

**Directions to Broome Community College & Accommodations**

**LEGEND:**

- |                                |                                                             |
|--------------------------------|-------------------------------------------------------------|
| 1 – Best Western Johnson City  | 7 – Holiday Inn Express Hotel & Suites                      |
| 2 – Binghamton Regency         | 8 – Knights Inn (formerly Kings Inn)                        |
| 3 – Comfort Inn (headquarters) | 9 – La Quinta Inn                                           |
| 4 – Econo Lodge Inn & Suites   | 10 – Quality Inn & Suites (formerly Holiday Inn University) |
| 5 – Fairfield Inn              | 11 – Red Roof Inn                                           |
| 6 – Holiday Inn Arena          | 12 – Super 8 Front Street                                   |



**DIRECTIONS TO  
BROOME COMMUNITY COLLEGE ICE RINK**

**From east of Binghamton (Approximately 2 ½ hours from Albany):**

Take I-88 West to I-81 South to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.

**From west of Binghamton (Approximately 3 hours from Rochester; 4 ½ hours from Buffalo):**

Follow Route 17 East to Interstate 81 North to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.

**From north of Binghamton (Approximately 1 ½ hours from Syracuse):**

Take I-81 South to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.

**From south of Binghamton (Approximately 1 ½ hours from Scranton):**

Take I-81 North to Exit 5 turn right onto Front Street. Turn left onto the North Campus Drive.