

5th Annual
ASICS 2009 East Coast National Beach Wrestling
Championships
Long Beach, Long Beach, N.Y.
Saturday, July 18th 2009

Style - Beach Wrestling

Registration and Weigh in – Friday 7/17/09 4:30 p.m. – 6:00 p.m.

Saturday 7/18/09 9:00 a.m – 10:30 a.m.

Entry Fee- \$25 Make checks payable to **Rams Wrestling Club**

Pre-Registration Fee- \$20 save \$5 and mail in by July 1.

Mail To: Ray Downey

7 Bradish Lane

Babylon, N.Y. 11702

Rules Clinic – Saturday 7/18/08 11:00 a.m.

Divisions

Middle School Division – grades 6 – 8: must be enrolled in Middle School 2009 season

High School Division – grades 9- 12: must be enrolled in HS for the 2009 - 2010 season

Open Division – open to all HS graduates

Veterans Division - 30 years and older as of July 2009

Weight Classes: Participants are divided into about 6 weight classes depending on the amount of entries in each category.

Seeding: Blind Draw

Affiliation – all contestants must be a current USA wrestling member in order to participate. A one time event card will be available at registration for \$10 for those not currently members of USAW.

Awards: medals for places 1st through 4th in all divisions.

Food - will be for sale on the board walk and on the beach

T-Shirts - will be for sale at the tournament

Directions: Take Meadowbrook Parkway South to Loop parkway. Take Loop parkway to the end and go west. You will then be on Park Ave. Take Park Ave. to National Blvd. and make a left go straight down to the beach. The wrestling will take place on the National Blvd. beach.

More Information: call Ray Downey (631) 871-9676 rdowney@optonline.net or Mike Leonard at (347) 776-1005 Bam197@aol.com

ASICS 2008 East Coast National Beach Wrestling
Championships
Long Beach, Long Beach, N.Y.
Saturday, July 12th 2008

Entry Form

Wrestler's Full Name _____

Grade _____

Divisions: **High School** __ **Middle School**__ **Open**__ **Veterans** __ check one

Street _____ **Town**_____

State _____ **Zip**_____ **Email address** _____

School/club _____ **Phone#** _____

Liability Release: I, the undersigned individually and as a parent/guardian of

A minor, ask that he/she be admitted to participate in the above USAW sponsored event. I do hereby agree to release, discharge and hold harmless the Ram Wrestling Club and USAW, their agents and employees of and from all causes, liabilities, and damages, claims, or demands whatsoever on account of any injury or accident involving the said minor arising out of the attendance at the sporting event or in the course of competition held in connection with this event. I also give permission for my child's photograph to appear in promotional material regarding this event

(Signature of parent or legal guardian)

(Date)

(Print name)