



### **Nassau Wrestlers Rebound with 6 Champions at the Bob Quade Invitational**

After a tough two weeks wrestling Division 1 competition and some of the top Division 3 teams on the East Coast, Nassau CC had eight wrestlers reach the finals at the Bob Quade Invitational at Centenary College this weekend. The six winners were Josh Antoine at 125lbs, Chris Meloni 133lbs, Sean Miller 141lbs, Mike Dusold 157lbs, Deuley Espinal 184lbs, and Jenard Rosemond 285lbs.

Wrestling at the Northeast Duals, Nassau CC lost to the University of Oklahoma 51-0, SUNY Binghamton 46-0 before beating Springfield College 33-12. The next week at the NYS Championships the Lions had one wrestler place, Erik Adon at 174lbs.

The Nassau wrestlers will open the second semester at the Wilkes Open on December 28th before coming home for the Long Island Open on January 3.