



FREE!!

HIGH SCHOOL COACHES CLINIC

*Sponsored by the Hofstra University
Wrestling Coaching Staff*

Date: Sunday, August 5th at 9 a.m.

Place: Hofstra University Physical Fitness Center

**Please contact Joe Dubuque at
Joseph.Dubuque@Hofstra.edu or call
516-463-3758**

2007 CAA Champs

7th at NCAA's

4 All-Americans

CAA Coach of the Year



Schedule

9:00 am - Introduction
**9:15 am - Neutral Technique
Session I (Joe Dubuque)**
10:00 am - Question Answer
**10:10 am - Top Technique
Session II (Charlie Griffin, Lou
Ruggirello)**
11:00 am - Question Answer
11:10 am - Break
**11:30 am - Technique Session
III (Tom Shifflet)**
12:15 pm - Lunch
*(NCAA rules does not allow us to
provide complimentary lunch. Food
will be provided for \$5.)*
***1:15 pm - Tom Shifflet talks
about Hofstra and Long Island
Wrestling**