



# VHW Summer Camp

at Vougar Honors Wrestling

## The VHW Staff of Champions

**Nick Arujau**

Cornell University Wrestler  
3x New York State Champion

**Vito Arujau**

Cornell University Wrestler  
NCAA National Champion  
World Champion



**Vougar Oroudjov**

2012 NJCAA Coach of the Year  
Nassau Community College  
2x World Champion  
Olympic Medalist

## 5 Chances to Train with the VHW Championship Team

**Dates:** July 1- July 5  
July 8 - July 12  
July 15-July 19  
July 29- August 2 Youth  
August 19-23

**Hours:** 9am to 2pm

**Cost:** \$275

**Location:** 235-I Robin's Lane,

Syosset, NY 11791

Next To Powerhouse Gym

**Contact:** Vougar

**Phone:** (516) 851-5790

**Email:** oroudjovvugar@yahoo.com

**Web:** vhwclub.net

**No Refunds**

### Area Hotels

**Fairfield Inn by Marriott**

24 Oak Dr, Syosset, NY 11791  
(516) 921-1111 | [Reservations](#) | [More Info](#)

**Executive Inn at Woodbury**

8030 Jericho Tpke, Woodbury, NY 11797  
(516) 921-8500  
[Reservations](#) | [Website](#) | [More Info](#)

**Four Points by Sheraton**

333 S Service Rd, Plainview, NY 11803  
(516) 694-6500 | [Reservations](#) | [More Info](#)

**Hilton Garden Inn**

1575 Round Swamp Rd, Plainview, NY 11803  
(516) 755-5552 | [Reservations](#) | [More Info](#)

**BEST WESTERN Woodbury Inn**

7940 Jericho Tpke, Woodbury, NY 11797  
(800) 780-7234 | [Reservations](#) | [Website](#)

Please make Checks payable to VHW Club. Mail to: 39 Raynham Drive, Syosset, NY 11791 (send with form below)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please check the camp(s) you will be attending:

July 1-July 5

July 8- July 12

July 15-July 19

July 29-August 2

August 19-August 23

Cost: \$275 per camp Total Enclosed \_\_\_\_\_

18 and under must have signed waiver by parent or guardian  
USA Card Required