

# TECHNICAL EDGE WRESTLING CLUB

Practices year round at St. Anthony's High School's brand new wrestling room, which is the largest in New York State

Get Individualized Attention

Improve your skills and technique to get the upper hand on your opponents

Practices run 5 days a week

**All Practices Run By 15x National Champion and World Champion TJ Hill**

**Contacts:**

**Fred Dunau: (631) 831-7934 [fdunau@yahoo.com](mailto:fdunau@yahoo.com)**

**T.J. Hill: (631) 704-0733 [technicaledgewrestling@gmail.com](mailto:technicaledgewrestling@gmail.com)**

Cost:

There are many options available to meet your schedule needs

4-5 days per week = \$175 per month

Any two days =\$125

Single Sessions also available

Privates available at \$50. Per hour( Price can be split between 2 wrestlers)

## **TESTIMONIALS**

**Freddie Dunau: 2010 Schoolboy section 11 and New York State Folk Style, Free Style, and Greco Roman Champion. Middle School Nationals Runner-up:**

I have been wrestling with T.J. at Technical Edge Wrestling for about a year. He runs the best practices I've ever had. His technique is amazing, and he makes it fun and easy to learn. With T.J.'s technique and continued support in the wrestling room and at every tournament, I have more confidence than ever before. It's great being part of the Technical Edge Wrestling team.

**C.J. Labate: Commack: : 2010 NYS JUNIOR FREESTYLE CHAMPION, COMMACK HS STUDENT/ATHLETE FUTURE CHAMPION AWARD, 2009 ALL-AMERICAN**

Coach T.J. Hill makes me feel like the most important person in the room, and I believe that he gives that feeling to everyone.

