

LONG ISLAND 3- STYLE WRESTLING CLUB
SPRING CLINIC AND TOURNAMENT TEAM

3/10/08-5/15/08

NEXT YEAR STARTS NOW! PREPARE WITH THE BEST!
FREESTYLE NATIONALS, GRECO NATIONALS, FARGO, NHSCAA
CHAMPIONSHIPS

- *4 NIGHTS OF H.S. WRESTLING***
- *2 LOCATIONS NORTH/SOUTH SHORE***
- *PREMIER COACHING STAFF***
- *TOURNAMENT TRAVEL TEAM***
- *FOLKSTYLE/FREESTYLE/GRECO***

Wantagh High School - Beltagh Ave. Wantagh, NY

Monday: Youth Team 4th - 8th Grade: 6:00-7:30 (will accept younger experienced wrestlers)

Monday & Wednesday: High School Team 9th - 12th Grade: 7:30-9:00

Garden City High School - Rockaway Ave. Garden City, NY

Thursday: Youth Team 4th - 8th Grade: 6:00-7:30 (will accept younger experienced wrestlers)

Tuesday & Thursday: High School Team 9th - 12th Grade: 7:30-9:00

COACHING STAFF:

Paul Gillespie- Wrestling Hall of Fame Inductee, 2x National freestyle champion, 6x Coach of the Year

No longer affiliated with Strong Island Wrestling Club

Jon Masa- National High School Champion, 3x NCAA Division I All American

Matt Daddino- NY State Champion, National High School Champion, Head Coach Great Neck North HS

James Murphy- Head Coach Wantagh High School

Nick Catana- Romanian National Greco Team Coach, New York Athletic Club Greco Coach,

Dave Foxen-Assistant Coach Chaminade High School, Freestyle All-American

Izzy Medina- Freestyle National Champion, Former Head Coach SUNY Maritime, Asst. Coach Wantagh HS

Reid Sclafani- Co-Head Coach Garden City High School

Mark Czachor- Co-Head Coach Garden City High School

COST: Team t-shirt included

Youth Team (train up to 2 nights a week) \$100

High School Team (train up to 4 nights a week) \$175

NAME: _____

DOB/GRADE: _____

ADDRESS: _____

USA #: _____

EMAIL: _____

SINGLET SIZE: _____

WGHT: _____

PARENTS PERMISSION: _____

PHONE #: _____

Please complete the registration and mail to 94 Fernwood Terrace Stewart Manor NY, 11530 with a check made out to Long Island 3-Style Wrestling Club or register the first night of practice 3/10/08. Limited to the first 150 wrestlers.

Please visit our website at www.li3swc.com for more information or email the clinic director at kathnrl@aol.com if you have any questions.

