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# New York State Champ Camp Long Beach MS July 21-24

## John Meyers

- Poway High School Head Coach
- 2024 CA High School Coach of the Year
- 2023 CA High School Coach of the Year
- 2022 Rokfin National Coach of the Year
- 2024 U17 Freestyle World Team Coach
- 2024 CA HS Team Champions
- 2024 #3 Ranked Team in the Nation
- 2024 CA State record team points
- 2024 12 CA State Placers, 7 Finalists



## All Are Welcome

Join us for our 4th Annual New York State Champ Wrestling Camp at Long Beach Middle School. This is a unique camp experience with strength and conditioning training as well as live wrestling, drilling, and technique daily. The camp is geared toward all ages and skills. Camp runs 8am-12:30. Contact Coach Meyers with any questions at [coachjohnmeyers@gmail.com](mailto:coachjohnmeyers@gmail.com)



**Jesse Delgado**

2X NCAA Champion  
Brown U Asst. Coach  
3X NCAA All American



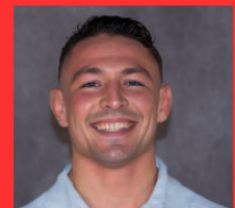
**Victor Lopez**

Poway HS Coach  
Bucknell University  
3x NCAA Qualifier



**Lou Hernandez**

NY HS State Champion  
Flo National Champion



**John Arceri**

Long Island U Head Coach  
NY State Champion  
4x Suffolk County Champ

## Registration



For more info:  
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