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New York State Champ Wrestling Camp at Long Beach HS

- Featuring Mindset Training with Mindset Mike
- Daily Strength and Conditioning Training
- · Techningue, Drilling, and Live Wrestling
- Contact Coach Meyers at jam138@yahoo.com for more info



John Meyers
2024 17U USA World Team Coach
Poway HS Head Coach
2023 CA Coach of the Year

All Are Welcome

Join us for our 3rd Annual New York State Champ Wrestling Camp at Long Beach HS. This is a unique camp experience with Mindset Training, Strength and Conditioning Training as well as live wrestling, drilling, and technique daily. This camp is geared toward all ages and skills. Contact Coach Meyers with any questions at Jam138@yahoo.com



Jacori Teemer

3X NCAA All American 5X NY State Champion Bronze Medalist Cadet Worlds



Jesse Dellavecchia

NCAA Finalist 2X NCAA All American Long Island U Asst



Jakob Restreppo

Westhampton Beach Head Coach
NY State Champion
University of Maryland

Registration





For more info: www.powaywrestling.com