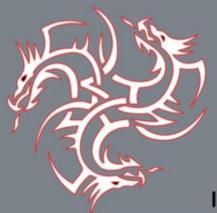


Pro-ex Wrestling Pre season Middle School Clinic

Contact Coach Izzy Medina at 516-697-5564 Proexwrestling@yahoo.com

November 20th through January 18th Monday and Wednesday 7:45 pm Sunday's 10:45 am



Maxum Bjj 2995 Sunrise Hwy Islip Terrace NY 11752