

HOFSTRA

**“SUMMER HEAT TRAINING
CAMP”**



WRESTLING CAMP

JULY 24TH - JULY 27TH

This is a commuter camp for those athletes who are looking to improve their wrestling skills, knowledge, and training. All technique and training sessions will be led by The Hofstra Wrestling staff and wrestlers.

This camp is open to any and all entrants grades 1ST -12TH.

COST:

\$195 For all walk ins

\$175 If pre-registered

Group and team discounts available
(Deadline for pre-registration is June 30th)

Make Checks Payable to:

Blue & Gold RTC

QUESTIONS CONTACT:

Mike Patrovich
631-300-7677

barnbrotherswrestling@gmail.com

TENTATIVE CAMP SCHEDULE

9:45am-10:00am
Check-In/Registration

10:00am – 11:30am
Technique session I and Live Wrestling

11:30am – 12:00pm Lunch
(Bring your own lunch!)
Pizza, snacks and drinks available for sale)

12:00-12:30
Camp Competition/Strength & Conditioning

12:30pm – 2:00pm
Technique session II and Live Wrestling



CAMP TO BE HELD AT:

HOFSTRA UNIVERSITY

WRESTLING ROOM

243 Physical Education Building

230 Hofstra University

Hempstead, NY 11549

Camp Organizers/Clinicians

**Dennis Papadatos- Head Wrestling
Coach at Hofstra**

- 4 Year Starter at Hofstra University
- Conference Champion for Hofstra
- Won over 100 College Matches
- 3X Academic All-American
- 15 plus years Division I coaching experience

**Mike Patrovich-Asst. Wrestling
Coach at Hofstra**

- High School National Champion
- 2X All-American/1X Round of 12 at NCAA Tournament
- 4 NCAA Qualifier for Hofstra University
- 2X Finalist and 1X NY State Champion
- Runs Barn Brothers Club

**Jake Patacsil – Assistant Coach
at Hofstra**

- NCAA All-American
- 3X NCAA Qualifier for Purdue University
- 5 Time Midlands Finalist
- Midlands Champion
- Florida State Champion
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**Michael Hughes
Hofstra All American**

- 2018 NCAA All-American
- Over 100 career wins
- Most pins in the country 2018
- 2X NCAA qualifier
- 3X All-conference
- High school NYS Champion and National Champion

Also Featuring:

- Hofstra Wrestlers



