



WANTAGH 3 STYLE WRESTLING CLUB

WHERE CHAMPIONS ARE MADE

2009, 2012, 2013 NEW YORK INDIVIDUAL STATE CHAMPIONS
2012 / 2013 NEW YORK STATE DUAL MEET CHAMPIONS
NASSAU COUNTY CHAMPIONS 2009, 2011, 2012, 2013, 2014,
2015, 2017

SPRING PRACTICE 2017

THE WANTAGH 3 STYLE WRESTLING CLUB OFFERS WORKOUTS ALL YEAR ROUND. IF YOUR GOAL IS TO GET BETTER WITH INSTRUCTION AND LIVE WRESTLING LOOK NO FURTHER. THIS INCLUDES FOLKSTYLE, FREESTYLE AND GRECO

THE STAFF INCLUDES:

PAUL GILLESPIE: HEAD COACH AT WANTAGH HIGH SCHOOL, MEMBER OF THE NATIONAL COACHES HALL OF FAME, FORMER TWO (2) TIME DIVISION 1 ALL AMERICAN, 2013 NATIONAL HS COACH OF THE YEAR

REGGIE JONES: ASSISTANT COACH AT WANTAGH HIGH SCHOOL, NATIONAL HALL OF FAME

RAY HANLEY JR., ASSISTANT COACH AT WANTAGH H.S.

P.J. GILLESPIE FORMER NCAA ALL AMERICAN; ASSISTANT COACH AT WANTAGH HIGH SCHOOL

RAY HANLEY SR.: HEAD COACH AT WANTAGH MIDDLE SCHOOL / AND YOUTH COACH

TODD BLOOM, ASSISTANT HEAD COACH WANTAGH HS

BRIAN HOOKER, ASSISTANT HEAD COACH WANTAGH HS

GUEST INSTRUCTORS:

VOUGAR 2X WORLD CHAMPION, BRONZE OLYMPIC MEDALIST

JUSTIN ACCORDINO FORMER NCAA ALL AMERICAN ASSISTANT COACH CHAMINADE HS

DATE / TIME:

SIGN UP - MONDAY, MARCH 27, 2017 AT 6:00 P.M. AT THE MIDDLE SCHOOL WRESTLING ROOM FOLLOWED BY THE FIRST PRACTICE 7:00 P.M. TO 8:30 P.M. MIDDLE SCHOOL, HS DIVISION AND EXPERIENCED ELEMENTARY SCHOOL ONLY 6:00 PM TO 7:00 P.M.

THE SPRING SESSION WILL RUN FROM MONDAY, MARCH 27TH TO THURSDAY, JUNE 22, 2017. PRACTICES WILL BE HELD ON MONDAYS AND THURSDAYS. WE WILL PROVIDE A SCHEDULE UPON SIGN UP.

*****PAYMENTS CAN BE MADE IN CASH OR CHECK TO THE WANTAGH WRESTLING CLUB. THE COST IS \$150.00 DOLLARS WITH A VALID 2017 USA CARD *****

WE REQUEST THE FOLLOWING INFORMATION AT THE SIGN UP: NAME, ADDRESS, E-MAIL, DOB, GRADE AND WEIGHT

**QUESTIONS: CONTACT RAY HANLEY SR. CELL - 516-526-8632
E-MAIL RJHANLEY66@GMAIL.COM
PAUL GILLESPIE CELL 516-319-9493**