



Barn Brothers



Monday August 7th – Thursday, August 10th 2017

Barn Brothers Wrestling Camp at:

Gold's Gym in Islip

181 Freeman Ave, Islip, NY 11751

Time: 9am – 3pm

This camp is for youth & High School wrestlers that are looking to bring their wrestling to the next level. Campers will be put into groups based on their current level of technique, training intensity and mental toughness. This camp will incorporate appropriate technique for all skill levels, strength and conditioning, live wrestling, Gold's Gym Olympic sized pool for training and games and some of the best clinicians that Long Island has to offer.

Tentative Camp Daily Schedule:

9am- Check in and Warm-Up

9:30am-10:30am- Technique Session #1

10:30am-11:00am- Live Wrestling Session #1

11:00am-11:15am- Break

11:15am-12:00pm- Strength and Conditioning w/ Gold's Gym Certified Trainers

12:00pm-12:30pm- LUNCH (Bring your own lunch: Gatorade, Water & Pizza will be available)

12:30pm-1:30pm- Technique Session #2

1:30pm-2:00pm- Camp Competition/Games

2:00pm-3:00pm- Live Wrestling Session #2

Camp Director

Mike Patrovich

- Head Assistant Wrestling Coach Hofstra University
- 2x NCAA Division 1 All-American
- 3x Conference Champion (4x Finalist)
- Conference Wrestler of the Year 2005
- High School National Champion
- NYS Champion (2x Finalist)

Camp Clinicians:

Ryan Patrovich

- 3x NCAA Division 1 Qualifier
- 3x Conference Champion
- 2x NYS Champion (3x Finalist)
- 4x High School National Finalist

Chris Wade- UFC Lightweight

- Currently 11-2 as a Professional Fighter
- High School All-American
- NYS Champion
- JUCO All-American

Dennis Papadatos- Head Wrestling Coach at Hofstra

- 4 Year Starter at Hofstra University
- Conference Champion for Hofstra
- Won over 100 College Matches
- 3X Academic All-American
- Former Associate Head Coach at Binghamton University

Jake Patacsil – Assistant Coach at Hofstra

- Top Position Specialist
- NCAA All-American
- 3X NCAA Qualifier for Purdue University
- 5 Time Midlands Finalist
- Midlands Champion
- Florida State Champion

COST- \$195 for all walk-ins
\$175 if pre-registered by July 1st
\$150 if pre-registered and team discount of 8+
\$175 for team discount of 8+ (Walk-Ins)

****Make checks payable to: Barn Brothers Wrestling****

REGISTRATION FORM:

T-shirt size: **YS YM YL YXL AS AM AL AXL AXXL**

Name: _____ High School/Club Team: _____

Home Address: _____

Parent Name: _____ Parents Cell Phone #: () _____

Emergency Contact Name & Phone #: _____ () _____

Allergies or Health concerns: _____

Contact: Mike Patrovich- 631-300-7677 Mail registration, waiver and check to:
Barn Brothers- 355 Wading River Rd, Manorville NY 11949

*****No Refunds*****

Parent/ Guardian Waiver and Release Form

You agree that you are aware that the child named below will be engaging in physical exercise involving various sports, coordination events and general fitness training which could cause injury, illness or various skin infections. [sb]

You understand that the child is voluntarily participating in these activities and is assuming all risks of injury, illness or skin infection that may result from engaging in any practice, exercise or sport related event including tripping, slipping, falling, colliding with another individual or object on or off the club premises.

You hereby agree to waive any claims or rights that you might otherwise have to sue the club, our employees, owners, officers, or agents for any injury, illness or skin infection that may occur. You understand that we will make no evaluation or recommendation as to whether or not the child is capable or deemed physically fit to engage in any activity. If the child has any physical or mental condition that may impair his or her ability to engage in any of the club activities, practices or exercises, it is your responsibility to obtain a physician's release statement. It is recommended you consult a physician prior to your child participating in any practice, physical exercise or club activity.

Date: ____/____/____ [sb]

Parent or Guardian's Name: (print) _____

Parent or Guardian's Signature: _____